

Area Resources for Seniors

5/1/08

All phone numbers below are in area code (530) unless otherwise noted.

Senior Information & Assistance - 742-2334. Locates services and resources requested by seniors, provides assistance completing forms, Gold Cards, etc.

Elder Services of Northern California – 755-2018. Pager 916-522-8464. Ombudsman, advocacy for seniors, Gatekeeper Community Services. Translation by appointment.

Trying to stay at home

Better Day Adult Day Health Care – 634-0111. Day care for seniors. A member of the Yuba-Sutter Chamber of Commerce.

Comfort Keepers - 749-8800. Non-medical in-home care. A member of the Yuba-Sutter Chamber of Commerce.

“Caring Calls” - 674-5253. Daily telephone contact from volunteers.

Yuba County In-Home Supportive Services – (IHSS) 749-6471. Helps people remain safely in their own home.

Area Agency on Aging - 916-486-1876. Homemaker aid, ombudsman, information, referral for those 60 years or older. Sacramento.

In-home nursing service for the disabled – 749-4386. Fremont-Rideout Home Health.

Interim Health Care – 673-0300. In home health care. A member of the Yuba-Sutter Chamber of Commerce.

Home Living Skills – 751-7140. Services for the disabled.

Northern California Independent Living – 893-8527. Peer advising, attendant care, interpreting services.

Lifeline – 743-5500. Personal remote control device for emergency response for the elderly, disabled, handicapped, or isolated.

Seniors Helping Seniors Handyman Program – 822-4608. City limits of Yuba City only, 60+.

Food and Food Programs

Yuba-Sutter Gleaners Food Bank - 673-3834.

Senior Snack Program - 749-6471.

Quest Senior Nutrition – 822-5611, Yuba City. 633-9212, Wheatland. 675-2027, Brownsville. 741-9600 Marysville. Provides home-delivered and congregate (dine-in) meals for seniors 60+ who are unable to shop or prepare meals for themselves. Donation requested for dine-in meals.

SHARE – 1-800-499-2506. Receive up to \$30 worth of groceries for only \$15 and two hours of volunteering. Open to everyone.

Yuba County Senior Center – Meals served at the facility Monday-Friday, 11:30 a.m. to 12:30 p.m. Seniors \$2, under age 60 \$5. Please call 24 hours in advance 741-9600. 938 14th St, Ste 100, Marysville.

Legal

Yuba-Sutter Legal Center for Seniors - 742-8289. Represents seniors in court and at Medi-Cal and SSI hearings, negotiates with creditors, landlords, prepares powers of attorney, homesteads, helps obtain Medi-Cal for long-term care, etc. and represents victims of abuse. A member of the Yuba-Sutter Chamber of Commerce.

Public Guardian – 822-7250, Sutter County. 741-6306, Yuba County. Trust of personal affairs when no relative is able to do so.

Adult Protective Services – 822-7151, Sutter County. 749-6471, Yuba County. Investigates referrals of elder and dependent-adult abuse or neglect.

Transportation

Yuba-Sutter Transit – Route and Schedule Info and Dial-a-Ride information, 742-2877. Administration, 634-6880. A variety of general public and senior/disabled scheduled and specialized transportation services.

Community Resource Services – 751-9478. Senior Medi-Car provides transportation to non-emergency medical appointments for seniors aged 60+.

Employment

Senior Employment Program – 822-5120. 55+, active adults program 40+, training opportunities.

Yuba College Re-Entry Center – 741-6826. Assistance to those re-entering college.

Experience Works – 749-4887. Senior workforce solutions.

Medicare, Health, and Insurance

Social Security Administration – 671-5031. Information about retirement benefits, survivor's benefits, medicare, and benefits for the elderly, blind or disabled.

Health Insurance Counseling – 742-2334. Referrals to help seniors with Medicare billing and insurance selection.

Medicare Information – 1-800-952-8627.

Sutter North New Patient Coordinator – 1-877-766-3362. Can help you select a physician and schedule your first appointment.

Activities

Yuba City Parks & Recreation Dept – 1300 Franklin Rd, Yuba City, 822-4650. The City of Yuba City Parks and Recreation offers an extensive list of senior activities including trips, fitness, arts and crafts, dance, games, and so on. Call for a current activity guide.

Yuba City Senior Center - 777 Ainsley Avenue, Yuba City, 822-4608. The mission statement reads: "The Yuba City Senior Center staff and volunteers are dedicated to enriching the lives of senior citizens. We strive to provide the best information, health seminars, physical fitness activities, artistic expression groups, intellectual exchange, stimulating travel and the maintenance of a comfortable social atmosphere for meeting new friends so that all seniors may lead active, productive and happy lives." **On-site meals and home delivered meals.**

Yuba County Senior Center – 938 14th St, Marysville, 741-0777. The mission statement reads: "It is the mission of the Yuba County Senior Center to provide resources, recreation, education and support in various other areas for the continued growth in the senior community of Yuba County. Our goal is to provide a comfortable and safe atmosphere so all seniors can maintain their quality of life." Quilting group, pool table, table tennis, computer center, library, video room, cards, games, puzzles and Bingo. **On-site meals and home delivered meals.**

Housing, Assisted Living, Skilled Nursing, and Board and Care

Housing Authority: Sutter County 671-0220, Yuba County 749-5460. Housing for low-income, seniors, disabled, or agriculture workers.

Property Tax Assistance/Postponement – 742-2334 or 1-800-852-7050. For senior citizens and the disabled.

INDEPENDENT LIVING

Buttes Christian Manor	223 F St, Marysville, CA 95901	742-2421
Country Village Mobile Home Park	8831 Hwy 70, Marysville, CA 95901	743-8182
Del Prado Mobile Home Park	1695 Butte House Rd, Marysville, CA 95901	673-7300
La Serena Garden Apts	808 Clark Ave, Yuba City, CA 95991	671-6385
Live Oak Senior Mobile Home Park	10383 Larkin Rd, Live Oak, CA 95953	695-2910
Olive Tree Apts	1901 7 th Ave, Olivehurst, CA 95961	743-6129
Sutter Village	1200 Gray Ave, Yuba City, CA 95991	674-5655
Town Center Senior Manor	506 Plumas St #14, Yuba City, CA 95991	755-3946

RESIDENTIAL CARE: ASSISTED LIVING, BOARD AND CARE, NURSING HOMES

Better Day Adult Day Health Care	723 D Street, Marysville, CA 95901	634-0111
Chestnut Commons	911 Chestnut, Yuba City, CA 95991	674-3482
Columbian Center	230 8 th St, Marysville, CA 95901	743-7542
Courtyard Assisted Living	1240 Williams Way, Yuba City, CA 95991 (& Adult Day Care)	790-3050
Creekside Country Manor	2962 Jefferson Ave, Yuba City, CA 95991	674-1129
Dorothy's Care Home	444 Robinson, Yuba City, CA 95991	751-1157
Eveningside Mountain Manor	8787 Mystic Mine Trail, Brownsville, CA 95919	675-9465
Evergreen Residential Care Facility	246 Spruce St, Gridley, CA 95948	846-6266
Feather River Manor	3962 West Ella Ave, Marysville, CA 95901	743-5022
Fountains Skilled Nursing	1260 Williams Way, Yuba City, CA 95991	790-3000
Gardens Special Memory Care Unit	840 Washington Ave, Yuba City, CA 95991 (& Adult Day Care)	790-3075
Hovlid Skilled Nursing	Biggs-Gridley Memorial Hospital, 240 Spruce St, Gridley, CA 95948	846-9065
Live Oak Manor	9000 Larkin Rd, Live Oak, CA 95953	695-8020
Palmer's Residential Care Hom	6356 S Geo Washington Blvd, Yuba City, CA 95993	673-7593
Pierce Guest Home	589 Obermeyer Ave, Gridley, CA 95948	846-5037
Prestige Assisted Living	515 Harris St, Marysville, CA 95901	749-1786
Summerfield Senior Care Center	1224 Plumas St, Yuba City, CA 95991	755-3850
Sutter Estates	1230 Plumas St, Yuba City, CA 95991	755-2820
Sunrise Garden Residential Care	125 E 10 th St, Marysville, CA 95901	749-1890
Terry's Guest Home	1445 Vermont, Gridley, CA 95948	846-3362
Ursula's Care Home	4004 Hammonton-Smartville Rd, Marysville, CA 95901	743-8770
Willow Glen Care Center	2290 Forrest Lane, Yuba City, CA 95991	755-0992
Yuba City Manor	1880 Live Oak Blvd, Yuba City, CA 95991	673-6051
Emmanuel Health Care	521 Lorel Way, Yuba City, CA 95991	674-9140
Evergreen Gridley Health Care Center	246 Spruce St, Gridley, Ca 95948	846-6266
Marysville Care Center (Sunbridge)	1617 Ramirez St, Marysville, CA 95901	742-7311
Yuba City Care Center (Sunbridge)	1220 Plumas St, Yuba City, CA 95991	671-0550